



**2020**  
**Yeronga Park Swim Club**  
**Long Course Sprint**  
**Preparation Meet**

<b>Date</b>	Sunday, 19 January 2020	
<b>Venue</b>	Yeronga Park Swimming Complex 55 School Rd, Yeronga	
<b>Time</b>	Warm-up 8am	Start 9am
<b>Age</b>	Age as at 19 January 2020	
<b>Eligibility</b>	Open to all swimmers registered with Swimming Queensland as 'Competitive' swimmers and who are members of the following affiliated clubs (as per Brisbane Swimming club allocation list):	

Algester	Indooroopilly	Railways
Ambrose Treacy	Ipswich Vikings	Rosewood
ASA Swim Ashgrove	Jamboree Heights	St Peters Western
Ashgrove Tridents	Karalee	The Gap
Bellbowrie	Lakes	Waterworx
Brisbane Grammar	Lowood	Western Aquatics
Brisbane Jets	MCA	Wilston
Centenary Dolphins	Milton Marlins	Woogaroo
Commercial	Newmarket Racers	Yeronga Park
CYMS St Edmund's	Oxley	Darling Downs
Graceville	Rackley (Central)	

<b>Rules</b>	This meet will be conducted under SQ/SAL Rules. No rule tolerances will apply.	
<b>Events</b>	<p>This meet will be conducted in two sessions. All events to be swum as timed finals as per the attached Program of Events.</p> <p>Multi Class swimmers welcome in all events. There will be no individual Multi-class events.</p>	
<b>Medals</b>	Medals will be awarded to the fastest three placegetters in each age group for all events (8, 9, 10, 11, 12, 13, 14, 15 & Over).	
<b>Entries</b>	<p>Nominations fees are \$8.00 per event.</p> <p>Nominations close on Monday 6 January 2020 at 11:59pm.</p> <p>Nominations are online only via Swim Central.</p>	
<b>Admission</b>	Spectators: \$3.00 CASH ONLY	Swimmers: Free
	Programs : \$3.00 CASH ONLY	Coaches : Free
<b>General</b>	<p>Meet entry list, timeline guide and timekeeping roster will be emailed.</p> <p>All Clubs will be required to supply timekeepers based on the number of nominated swimmers. The number of timekeepers will be based on the number of nominated swimmers.</p> <p>Barbecue will be available with additional food and refreshments available via the Pool Kiosk. There will be a short break between sessions.</p> <p><u>For further information please contact:</u></p> <p>Robyn Nolan, Meet Co-ordinator</p> <p>M: 0400 875 276</p> <p>E: <a href="mailto:clubcoordinator@ypsc.com.au">clubcoordinator@ypsc.com.au</a></p>	



## 2020 Yeronga Park Swim Club Long Course Sprint Preparation Meet

### Session 1

50m Butterfly / Backstroke / Breaststroke / Freestyle  
Male and Female  
8-11 years

Warm Up: 8am

Competition: 9am

#### Session 1

Male Events	Age Group	Event	Female Events
<b>1</b>	8 – 11 years	50m Butterfly	<b>2</b>
<b>3</b>	8 – 11 years	50m Backstroke	<b>4</b>
<b>5</b>	8 – 11 years	50m Breaststroke	<b>6</b>
<b>7</b>	8 – 11 years	50m Freestyle	<b>8</b>

*Note: Medals to be awarded to the fastest three placegetters in each age group (8, 9, 10 and 11 years).*

### Session 2

50m Butterfly / Backstroke / Breaststroke / Freestyle  
Male and Female  
12 years & over

Warm Up: TBC at the completion of Session 1

Competition: TBC

#### Session 2

Male Events	Age Group	Event	Female Events
<b>9</b>	12 & Over	50m Butterfly	<b>10</b>
<b>11</b>	12 & Over	50m Backstroke	<b>12</b>
<b>13</b>	12 & Over	50m Breaststroke	<b>14</b>
<b>15</b>	12 & Over	50m Freestyle	<b>16</b>

*Note: Medals to be awarded to the fastest three placegetters in each age group (12, 13, 14 and 15 years & over).*